



AmeriCorps

Check out what are past members were doing



- Create a Life Beyond the Domestic Violence Shelter Resource Booklet with resources to distribute to local shelters
- Develop and lead an in-person workshop on teen mental health
- Plan, create, and publish social media campaigns focused on various topics including self-care, food resources, national suicide prevention, and drug/substance use



- Support Mental Health First Aid Trainings for 300 community members
- Expand the capacity of their organization's community garden and facilitate nutrition education classes with partner non-profits
- Create a community health directory of urgent care resources that address the needs of patients and of the greater Los Angeles community



- Co-facilitate an indigenous community event with various workshops including empowering girls' voices, how music/meditation affects the mind, and indigenous music/drumming
- Serve as a peer specialist at their host site's youth mental health center and provided case management services
- Perform door-to-door outreach and table at school events and local health fairs to provide education about lung health and air quality management



If you are interested in our program reach out to (pooja@laworks.com) or visit us at laworks.com/phac.